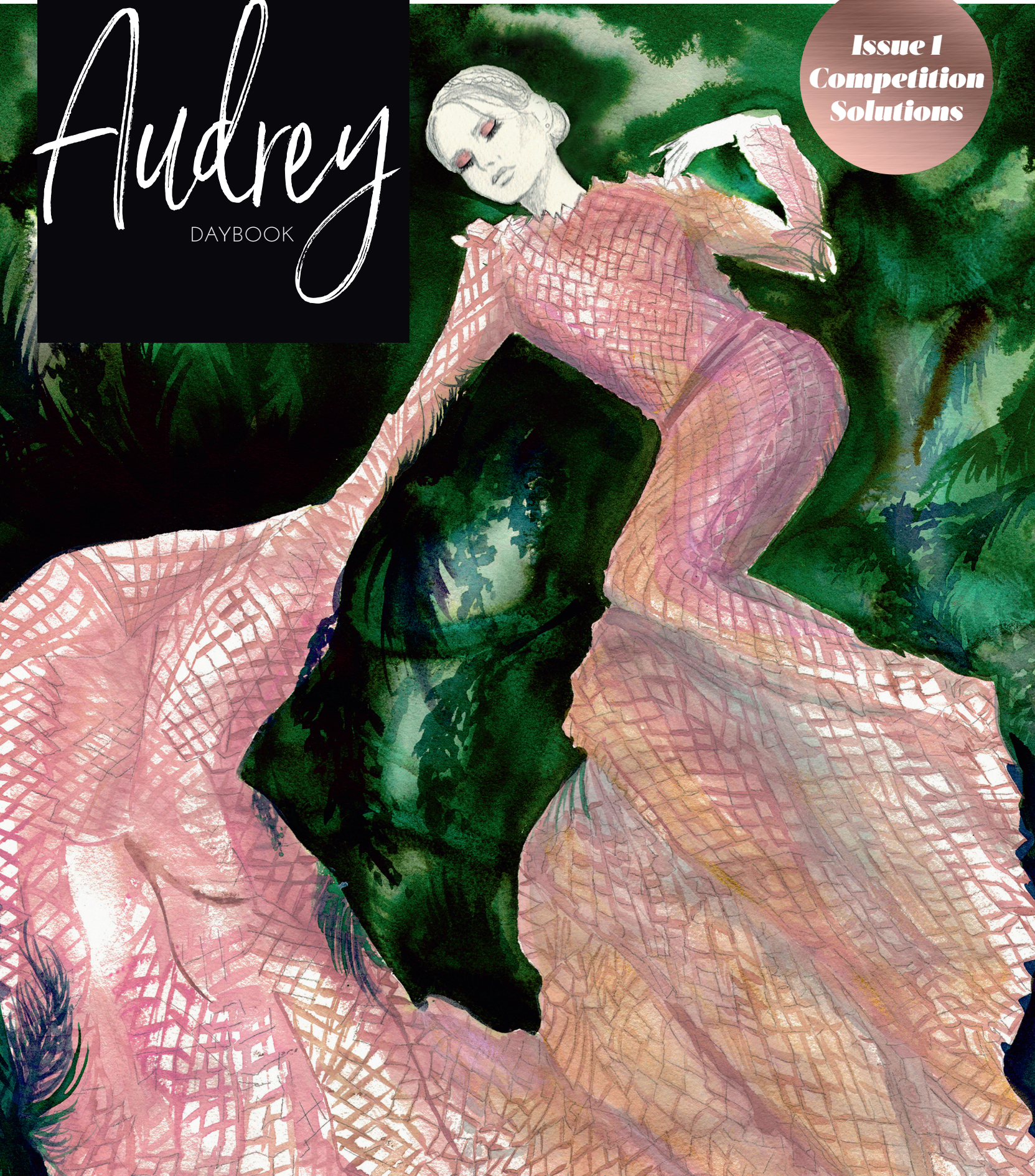


THE WORLD'S MOST ENCHANTING
PUZZLE & LIFESTYLE MAGAZINE

Audrey

DAYBOOK

Issue 1
Competition
Solutions



NOURISH // THRIVE // SHARE // CREATE // EXPLORE

ISSUE 1 SOLVE & WIN COMPETITION SOLUTIONS

THRIVE- COPPER BOTTLE SET FROM YOGIBEINGS

Pg 17 Acrostic One

A. Vagabond, B. Itching, C. Publicised, D. Anaesthetises, E. Shredded,
F. Sanitisation, G. Attache case, H. Nursery rhymes, I. Antoinette,
J. Motorboats, K. Editors, L. Differentiate, M. Insignificant, N. Thunderclap,
O. Acquaintance, P. Thoughtfulness, Q. Irish Wolfhound, R. Obligating,
S. Nine-to-five

A-S: VIPASSANA MEDITATION

TEXT: This ancient Indian practice of self- observation was rediscovered by Gotama the Buddha. It is a disciplined, non-sectarian technique that uses mindfulness of breathing, thoughts, feelings and actions to gain insight into the true nature of reality.

NEST - PURE LINEN KING QUILT COVER SET IN 'CLOUD' FROM SHEETS ON THE LINE

Pg 45 Starwords

Lotus, Orchid, Azalea, Gerbera, Hibiscus: LILAC.

GLOW - BODY CARE PACK BY SUMMARY

Pg 55 The White Mouse

A=6, B=12, C=18, D=21, E=16, G=20, H=11, I=7, K=17, L=4, M=5, N=14,

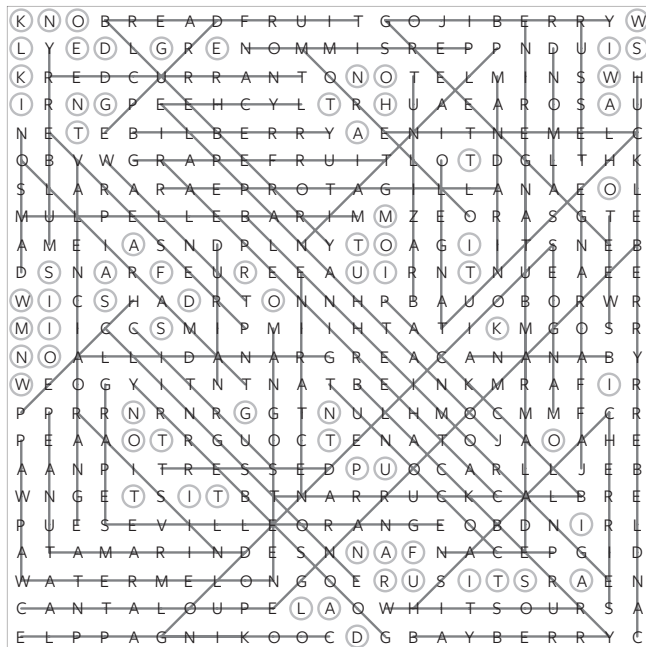
O=19, P=3, Q=22, R=10, S=1, T=8, U=2, V=13, W=23, Y=9, Z=15

STELLA MCCARTNEY

NOURISH - ULTIMATE SPICE EXPERIENCE PACK FROM HERBIE'S

Pg 80 Wordsearch

ANSWER: Knowledge is knowing that a tomato is a fruit. Wisdom is knowing not to put it in a fruit salad.



CREATE - 'A CHEEKY MOMENT' WALLART PRINT FROM MEENYMINY (BY CAROLYN SROCYNSKI)

Pg 95 Colour-in Cipher

Beauty is in the eye of the beholder.

EXPLORE - MON PURSE VOUCHER FROM MON PURSE

Pg 108 Quest

Solution: Tokyo, Triangles, Crimson, Argentina, Rio, Madonna, Segregate, Spain, Mondegreen, Adele, Integrate, Streaming, Anne Hathaway, Pink.

Leftover word: Indigo

