

## solutions

## THRIVE

## Pg 17 Acrostic One

A. Jamaica rum, B. Ordinariness, C. Heartbeat, D. Namby-pambies, E. Yesterday, F. Unwarranted, G. Dislocate, H. Keepsakes, I. Inane, J. Nodded off, K. Password, L. Hobnobbing, M. Yellowcake, N. Shipwright, O. Intentness, P. Open-ended, Q. Lollipops, R. Outweighed, S. Glitterati, T. Youthfulness

A-T: JOHN YUDKIN, PHYSIOLOGY
TEXT: Widely panned after its initial release and now seen by many as a prophetic work, this professor's 1972 book Pure, White And Deadly suggested a major link between the consumption of sugar and health problems including obesity and diabetes.

## NEST

## Pg 45 Starwords

Topaz, Diamond, Ruby, Pearl, Peridot; AMBER

GLOW

## Pg 55 The White Mouse

$A=15, B=5, C=20, D=2, E=18, F=13, G=6, H=1, I=14, K=4, L=9, M=16$, $N=7, O=8, P=22, R=12, S=11, T=3, U=17, V=21, W=10, Y=19, Z=23$
ERIN BROCKOVICH

NOURISH
Pg 80 Wordsearch Four
ANSWER: A Mexican elbow, or citrus press, to squeeze juice from lemons and limes


## CREATE

## Pg 95 Colour-in

ANSWER: Ideas are the root of creation

## EXPLORE

## Pg 108 Quest

Violin, Piano, Bagpipes, Flute, Guitar, Harmonica, Harp, Bassoon, Banjo, Trumpet, Tambourine, Cello, Saxophone, Xylophone. ANSWER: DRUMS

