

THE WORLD'S MOST ENCHANTING
PUZZLE & LIFESTYLE MAGAZINE

**Issue 6
Solutions**

Audrey
DAYBOOK

**Women
in STEM**

The
ART of
kindness

HOW HELPING OTHERS
REFRESHES YOUR SPIRIT

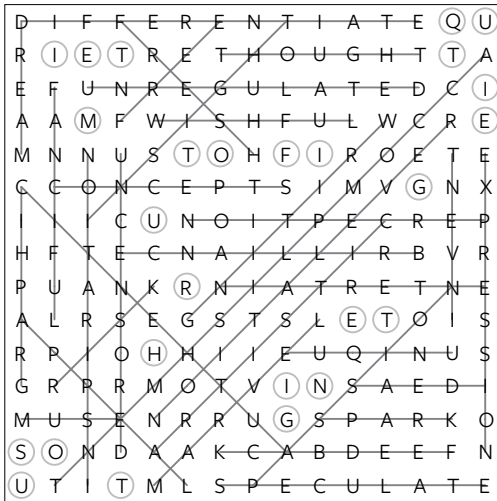
ERE PEREZ'S
**Natural
Life**

Soffiana
**EDINBURGH'S
Book Sculptures**

ISSUE 06
\$11.95 AUD // \$13.95 NZD

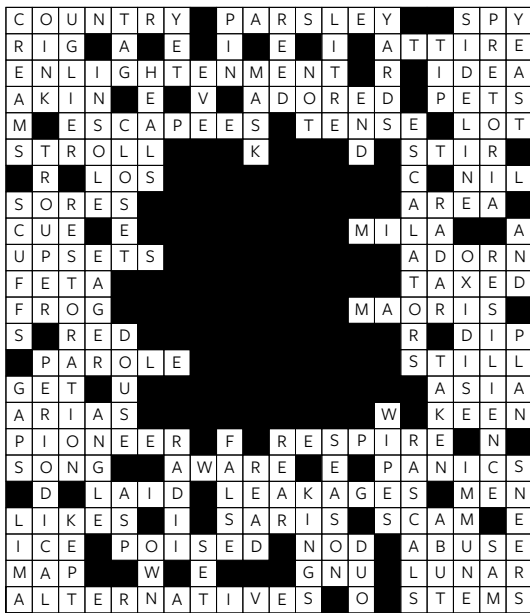
NOURISH // THRIVE // SHARE // CREATE // EXPLORE

Pg 12 WORDSEARCH ONE



ANSWER: Quiet time to figure things out

Pg 13 ARROWWORDS ONE



Pg 16 ANAGRAM

WHOLE, OASIS, MAGIC, AWARE, NOVEL: WOMAN

Pg 16 TWIN SET

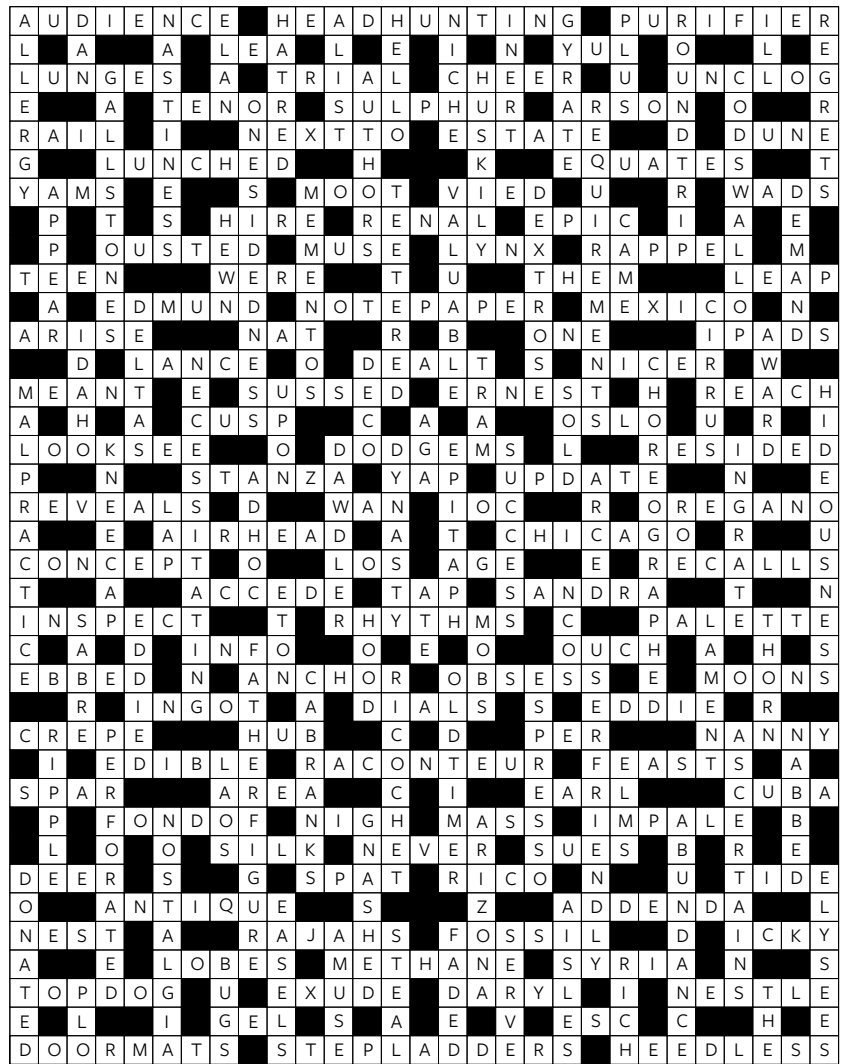
INJURY, ADJUST, ALBINO, LIBIDO, ÉCLAIR, SALAMI,
ACTIVE, FETISH, BIONIC, PRONTO: JUBILATION

Pg 17 ACROSTIC ONE - COMPETITION PUZZLE

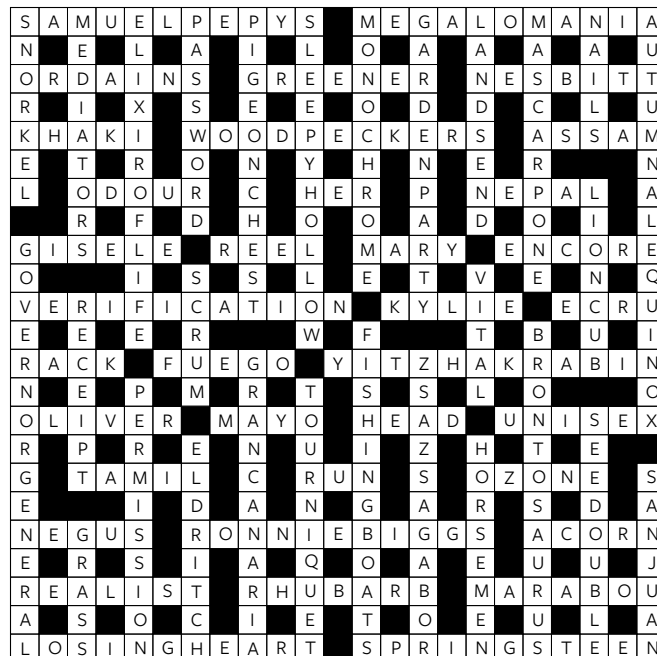
Solve Acrostic One on page 17 to go in the draw to win one of two pairs of Cygnett FreePlay Bluetooth Earphones in white.

www.audreydaybook.com/win/

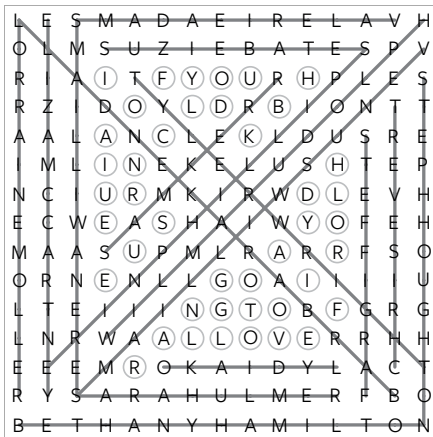
Pg 20-21 THE QUINTESSENTIAL



Pg 26-27 WIT & WISDOM



Pg 29 WORDSEARCH TWO



ANSWER: If you hold back in hurdles, you are going to fall over.

Pg 31 KNOW HOW



Pg 34 HALCYON



Pg 34 SUDOKU

4	2	8	7	9	1	6	3	5
9	7	3	5	6	4	8	2	1
5	6	1	2	3	8	7	9	4
2	8	4	3	1	7	5	6	9
7	3	9	6	4	5	1	8	2
6	1	5	9	8	2	3	4	7
3	4	6	1	7	9	2	5	8
1	9	2	8	5	3	4	7	6
8	5	7	4	2	6	9	1	3

Pg 41 PATCHWORK



Mighty mountains, dark gorges,
 deep-green forests, picturesque lakes,
 rushing waterfalls, mystical moors –
**Switzerland is a paradise for
 nature - lovers.**
MySwitzerland.com/summer

Pg 43 HUGS & KISSES

0	0	X	0	X	0	X	X	0	X
0	X	0	X	0	X	0	X	0	X
X	0	X	X	0	0	X	0	X	0
0	X	0	0	X	X	0	0	X	X
X	0	X	X	0	X	0	X	0	0
X	X	0	0	X	0	X	0	0	X
0	X	X	0	X	0	0	X	X	0
0	0	X	X	0	X	0	X	X	0
X	0	0	X	0	X	X	0	0	X
X	X	0	0	X	0	X	0	X	0

Pg 43 CRYPTOGRAM

Art-making has an alchemical effect on the imagination. It awakens the senses and sharpens insights, teaching us to think in symbols, metaphors, and to decode complexity.
- Linda Naiman

Pg 45 BITS & PIECES

Tranquilliser, Hippopotamus, Bullfighter, Superintendent, Documentaries

Pg 45 MATCH BOXES

Forecast, gemstone, heartier, passport, pleasing, reappear, starring.
Mystery keyword: TRIP

Pg 45 STARWORDS – COMPETITION PUZZLE

Solve Starwords on page 45 to go in the draw to win a Bluethumb voucher to the value of \$500. www.audreydaybook.com/win/

Pg 47 CROSS-STITCH

R	U	S	T	L	E	P	A	C	K	S
I	N	T	R	O	D	E	C	A	N	T
G	R	E	A	S	E	T	U	T	O	R
H	E	A	V	E	L	I	T	T	L	E
T	A	M	E	S	T	T	E	L	L	S
L	L	I	C	E	E	S				
A	M	T	E	A	B	P				
B	R	A	V	O	N	U	R	S	E	D
B	U	R	I	A	L	N	I	C	E	R
E	P	I	C	S	G	I	G	O	L	O
S	E	N	A	T	E	T	H	R	E	W
S	E	A	R	S	A	S	T	E	R	N

Pg 47 CRYPTIC WORDSMITH

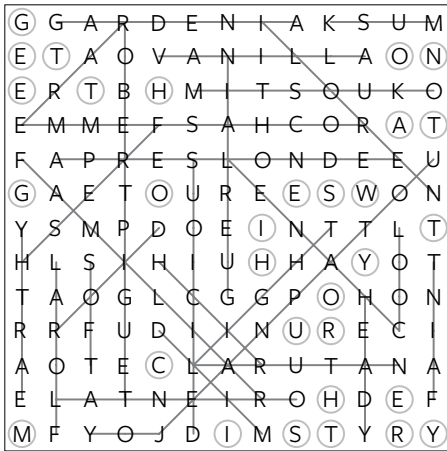
S	T	R	A	N	D	W	I	Z	A	R	D			
E	E	U	N	N	T	E								
I	N	B	L	A	C	K	A	N	D	W	H	I	T	E
S	I	L	U	U	E	E								
T	O	U	C	H	E	S	E	C	T	I	O	N	S	
R	H	E	A	E	S	E	T							
H	Y	S	T	E	R	I	A	S	E	T	T	E	R	
R														
D	E	D	U	C	T	V	I	V	A	C	I	T		
R	M	O	E											
T	R	A	P	D	O	O	R	S	I	P	H	O	N	
A	E	D	I	T	R	I	T							
S	T	A	T	U	E	O	F	L	I	B	E	R	T	
J	E	A	Y	G	S	E								
C	E	D	A	R	S	C	I	N	S	O	R			

Pg 48-49 SPARROWWORDS

J	E	W	E	L	P	A	G	E	S	P	A	G	O	G	S		
A	A	E	G	O	E	H	E	A	L	S	C	A	V	E			
M	A	S	T	E	R	P	I	E	C	E	R	A	S	H	E	R	
P	E	E	S	E	R	A	S	E	A	D	A	M					
F	R	A	N	C	E	L	O	A	N	E	D	S	A	N	E	O	
I	D	A	N	C	E	R	S	V	E	T	S	N	U	N			
S	L	E	E	K	O	C	A	R	E	D	O	F	I	N			
A	D	R	E	A	M	H	R	E	R	E	L	A	T	E			
L	U	S	P	R	E	M	I	E	R	E	S	O	I				
T	A	C	T	A	L	E	S	V	A	R	E	E	D				
C	A	R	S	I	F	T	F	A	D	S	H	I	S	J			
F	E	T	A	H	E	R	R	P	I	T	A	S	P	A	S		
I	E	N	D	D	E	A	R	P	A	I	N	T	R	Y			
B	A	S	S	S	I	O	N	L	Y	S	E	E	K				
D	M	A	P	H	R	O	D	I	T	E	N	S	I				
V	A	R	I	E	D	O	N	T	R	I	M	S	S				
G	E	T	V	R	O	A	S	T	O	C	O	O	P	S			
P	E	A	O	N	E	S	R	E	M	O	V	E	D	H			
R	C	H	I	C	S	T	R	I	D	E	O	R	E	G	O	N	
A	S	T	I	A	M	U	S	E	A	I	R	T					
I	I	N	S	T	I	L	G	R	A	N	D	C	A	N	Y	O	N
S	O	N	G	E	X	T	R	A	B	R	E	D	E	O			
E	G	E	L	S	S	L	U	C	K	Y	D	I	N	E	D		

B	L	I	S	S	S	A	L	S	A	C	R	A	M	P	A		
U	N	A	P	E	E	S	H	A	V	E	I	O	U	S			
S	A	N	C	T	U	A	R	I	E	S	R	I	T	U	A	L	S
B	A	R	A	E	A	T	E	R	M	I	C	E					
L	A	S	S	O	S	P	R	E	S	T	O	I	R	I	S	N	
J	B	I	C	E	D	T	E	A	O	N	C	E	H	O	T		
J	A	U	N	T	I	D	R	A	M	S	V	R	E	V			
O	P	O	E	T	S	P	I	E	V	A	D	E	S				
G	M	T	C	O	L	L	E	C	T	E	D	T	R				
S	L	A	T	N	O	V	A	E	O	I	O	T	A				
E	R	A	E	V	E	N	L	E	N	S	N	O	M	I			
O	A	K	S	W	E	R	E	M	I	T	T	N	E	E	D		
L	E	T	C	R	A	T	E	O	G	R	E	A	L	L			
D	O	T	E	L	B	T	H	A	N	L	E	F	T				
P	F	C	E	L	E	B	R	I	T	Y	T	T	O				
C	A	S	U	A	L	Y	O	I	N	A	P	T	L				
L	O	L	E	P	E	C	A	N	N	W	I	E	L	D			
E	S	C	A	B	E	L	L	A	G	G	I	N	G	I			
I	I	C	O	N	R	E	C	A	L	L	N	Y	L	O	N	S	
G	O	A	L	S	O	U	T	H	E	D	E	E					
H	B	U	Y	E	R	S	A	L	L	E	V	I	A	T	I	N	G
T	A	L	C	R	E	E	F	S	E	O	A	T	O	A			
H	E	K	E	S	D	E	N	D	O	W	M	A	N	E	S		

Pg 55 WORDSEARCH



ANSWER: Get one that goes with your chemistry

Pg 55 WHO AM I?

Cate Blanchett, Emily, Amanda Seyfried, Indiana Jones, Alicia Silverstone, Louis Armstrong; JESSICA ALBA

Pg 60 THE WHITE MOUSE – COMPETITION PUZZLE

Solve the White Mouse on page 60 to go in the draw to win a SOH Melbourne Grace Le Rose Candle.
www.audreydaybook.com/win/

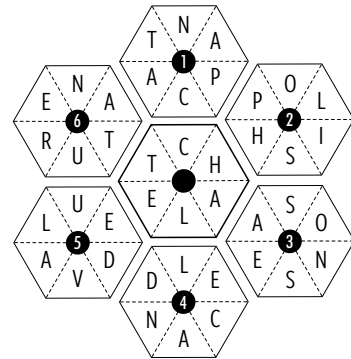
Pg 62 CAROUSEL

Airy, Anti, Aril, Bail, Bait, Hail, Hair, Hilt, Hint, Lain, Lair, Liar, Lint, Lira, Nail, Rail, Rain, Tail, Thin, Tiny, Birth, Blain, Brail, Brain, Briny, Habit, Hairy, Inlay, Laity, Linty, Rainy, Riyal, Trail, Train, Trial, Binary, Brainy, Litany, Thinly, Tribal, Trilby.
9-letter word: LABYRINTH

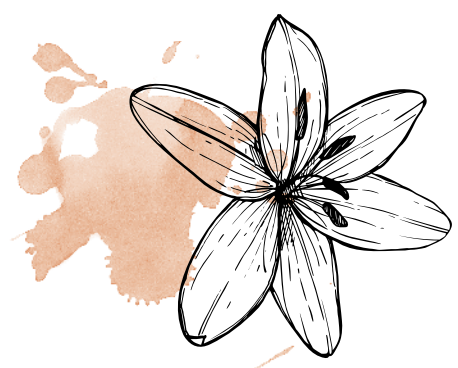
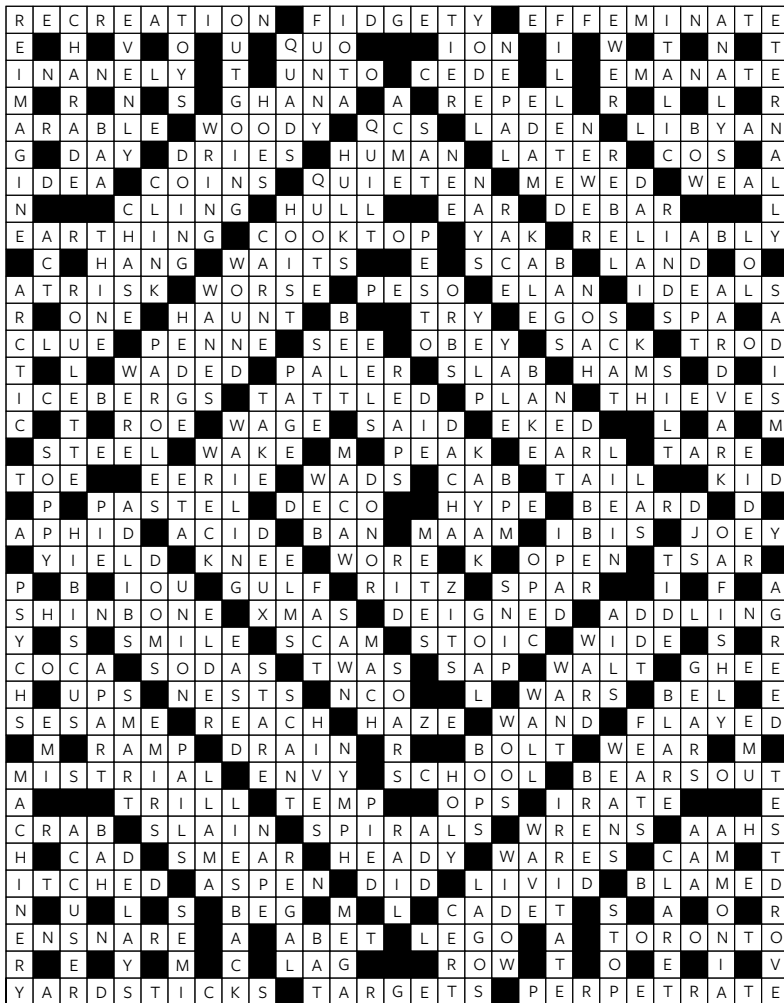
Pg 62 MIX & MATCH

Recollect, Honeymoon, Treatment, Makeshift, Fortunate, Ownership, Invisible, Telepathy, Chauffeur.

Pg 62 TALISMAN



Pg 56 WORDSMITH DIAMOND



Pg 63 STARBURST

	A	N	N	A	P	A	Q	U	I	N						
B	A	L	O	O		H		U	P	T	O					
A	L	O	N	E		O	N	A	H	O	T					
R	I	N		V		N		D	O	N	E					
B		S	P	I	D	E	R		L		N	O	B	B	S	
O		O	L	L	Y		E		D	U	O		O	R	E	
S		A		E	V	A		S		U	S	U	A	L		
S	T	A	N	D		C	D	S		I	G	O	R		L	
A	I	D	E		R	I	P		H	I	N	G	E			
	K	A	T	I	E		N	E	E	D		E	R			
	P				A	N	G	E	L	I	N	A		E		
L	E	T	I	T	G	O		D		E		F	R	E	E	
A	D	A	M		L			A				F	I	N	N	
S		T	E	R	E	S	A		R	O	W	A	N		D	
S	U	I	T		S	A	L		C	R	A	I	G		S	
O	N	O			O	L	D		A	I	R		C			
S	I	N	E	A	D		Q	O		T		A				
				S		C	U	E	D		S	H	A	R	K	
				S		P	O	I	L	E	R		E	L	L	A
				A		T	S	E	A		O		R	E	A	L
				M		A	T	T	H	E	W	F	O	X		E

Pg 71 POT LUCK

Z	E	S	T		R	E	T	A	L	I	A	T	E		A	B	L	E	
U		E			U		O		U		R		L			I		N	
C	A	R	E	L	E	S	S		L		T	A	M	P	E	R	E	D	
C		E		O		U	S	E	L	E	S	S		L		T		O	
H	E	N		V	I	M		G		A		P	I	E		H	E	R	
I		A	L	E		P	I	G		S	E	A		A	W	D		S	
N	E	D		S	A	T		S		E		R	A	T		A	C	E	
I	D	E	A		T	U	G		O		L	A	W		E	Y	E	D	
	G		S	H	O	O		S	U	M		G	A	N	G		N		
T	E	A	T		L	U	X	U	R	I	O	U	S		O	A	T	S	
I		D	E	A	L	S		R		S		S	H	A	M	S		L	
D	O	E	R					S	P	O	R	T			A	H	O	Y	
A		P	I	E	C	E		L		E		A	T	O	N	E		L	
L	E	T	S		E	X	C	U	S	A	B	L	E		I	N	K	Y	
	V		K	I	L	T		S	O	D		L	A	M	A		I		
H	I	S	S		L	E	G		N		F	I	R		C	A	L	F	
A	L	P		D	O	N		I		A		A	S	K		B	O	O	
R		A	Y	E		S	A	D		R	U	N		A	I	R		R	
M	E	N		L	E	I		L		I		C	U	R		A	P	E	
L		I		A		O	V	E	R	A	W	E		M		S		S	
E	V	E	R	Y	O	N	E		E		E	S	C	A	P	I	S	T	
S		L			W		S		A		R		O		V		R		
S	A	S	H			N	O	T	O	R	I	E	T	Y		R	E	L	Y

Pg 75 THE VINE

S	A	R	D	I	N	E	S	E	I	G	G	E	V	N					
Ⓢ	Ⓞ	Ⓞ	Ⓚ	H	T	O	R	B	E	N	O	B	E	S					
N	O	L	L	I	U	O	B	A	R	C	O	M	G	T					
W	A	T	E	R	M	E	L	O	N	W	A	T	E	R					
G	N	A	J	U	H	C	O	G	L	R	C	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ
N	T	R	C	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ
I	U	A	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ
N	R	H	E	O	D	O	A	L	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ
I	M	A	S	M	D	U	U	C	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ
D	E	B	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ
A	R	A	H	C	T	A	M	A	A	A	O	E	O	E					
H	I	S	E	L	D	O	O	N	T	M	P	P	G	L					
S	C	H	A	R	R	E	D	G	S	E	I	U	U	L					
O	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ	Ⓡ
D	N	R	O	H	T	K	C	U	B	A	E	S	T	I					

ANSWER: Social gastronomy

Pg 75 CRISS CROSS

S	C	A	M	P	I														
C																			
A	B	A	L	O	N	E													
L																			
L	O	B	S	T	E	R													
O		A																	
P	E	R	I	W	I	N	K	L	E	S									
S		N		H															
		A		E															
O		C		L															
C		L		K															
O	L	K																	
C	E	S																	
T		S																	
O																			
P																			
U																			
S	H	R	I	M	P														

Pg 76 SERENDIPITY

INSIDE-OUT

Navigator, clever, unisex, imbibed, Oman, aided, artery, trailer, tiller, gnome, mite, fill, lit, synopsis, pal, Eros, rote, gad, log, nab

OUTSIDE-IN

Bang, old, age, torso, relapses, pony, still, life, time, mongrel, litre, liar, tyre, trade, Diana, mode, bib, mixes, inure, Velcro, tag, Ivan

Pg 77 THE GROCER



**Pg 80 WORDSEARCH FOUR –
COMPETITION PUZZLE**

Solve Wordsearch Four on page 80 to go in the draw to win a fermentation gift pack from Kinfolk & Co.

www.audreydaybook.com/win/

Pg 93 COLOUR-IN



**Pg 95 COLOUR-IN CIPHER –
COMPETITION PUZZLE**

Solve Colour-In Cipher on page 95 to go in the draw to win this notebook gift pack from Notely.

www.audreydaybook.com/win/

STOW
LOCKETS



precious stories

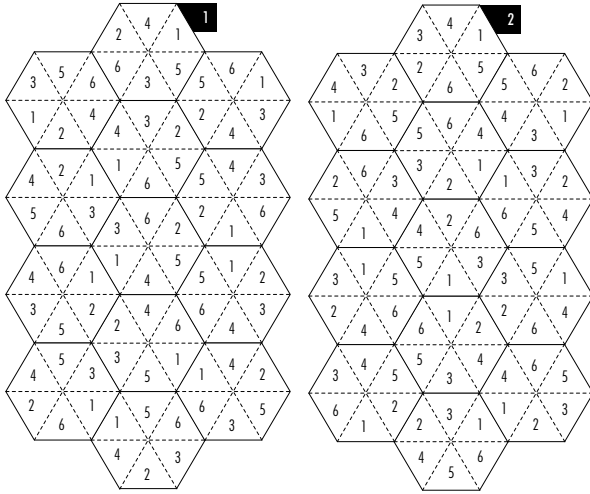
Stowed safe and close to your heart, a locket filled with precious charms captures your story.

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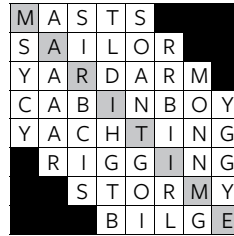
stowlockets.com | [#stowmystory](https://twitter.com/stowmystory)



Pg 103 MOSAIC



Pg 108 POINT TO POINT



Pg 108 QUEST –

COMPETITION PUZZLE

Solve Quest on page 108 to go in the draw to win a book pack from Allen & Unwin.

www.audreydaybook.com/win/

Pg 104 WANDERLUST



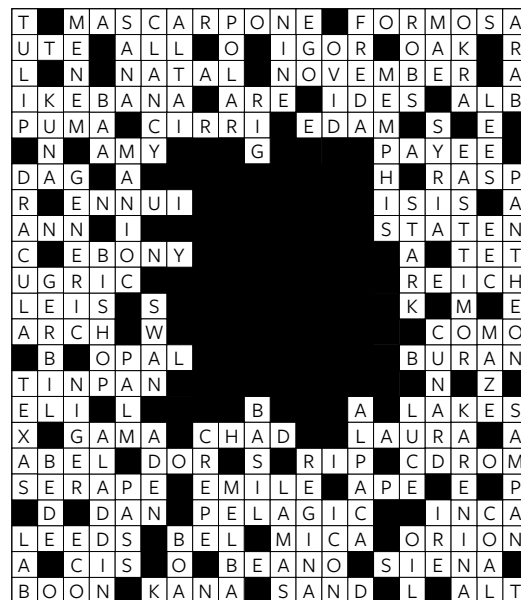
Pg 109 WAYFARER



Pg 105 SILHOUETTE



Pg 110 THE SCHOLAR



Pg 105 TELEGRAM

Crossword, Dalmatian, Domino, Penguin, Keyboard: SNOOPY

Pg 108 PRISM

Fiji, Laos, Malaysia, Paraguay, Maldives, Sri Lanka.

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