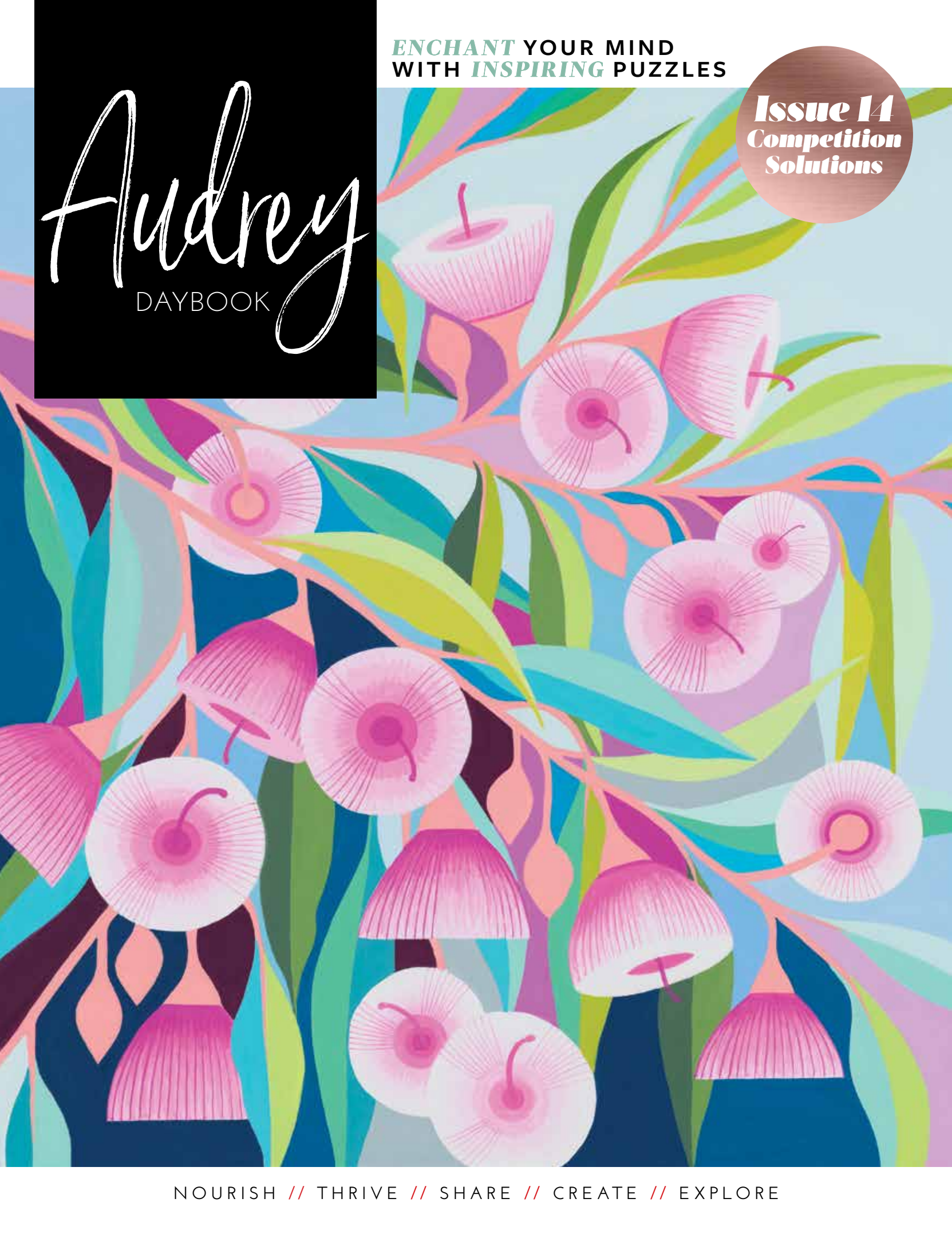


ENCHANT YOUR MIND  
WITH *INSPIRING* PUZZLES

# Audrey

DAYBOOK

**Issue 14**  
**Competition**  
**Solutions**



NOURISH // THRIVE // SHARE // CREATE // EXPLORE

## Pg 17 ACROSTIC ONE

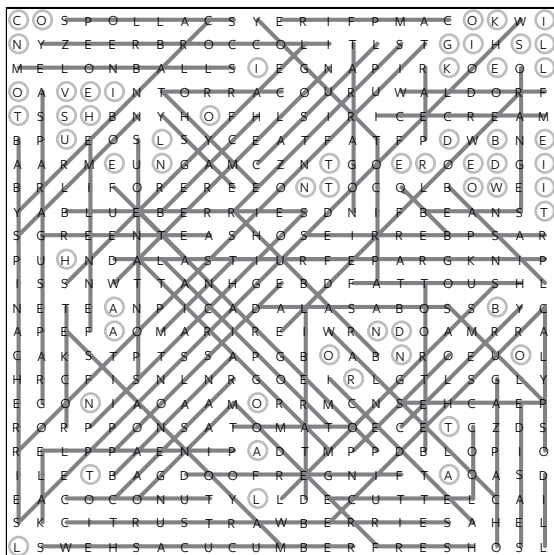
A. Softie, B. Untrained, C. Eighteenth, D. Subsidiary, E. Hat, F. Entities,  
G. Phenomena, H. Hesitates, I. English, J. Repetitive, K. Detective,  
L. Leavened, M. *One Foot*, N. Wardroom, O. Fattiest, P. Orientate,  
Q. Dismissal, R. Martyrdom, S. Amphibians, T. Prattled  
A-T: SUE SHEPHERD, LOW FODMAP

TEXT: An esteemed nutritionist and dietitian, she is a pioneer in the treatment of various dietary problems. Along with her team, she has developed a diet that is effective in treating symptoms related to IBS.

## Pg 35 THE WHITE MOUSE

A=15, B=17, C=5, D=18, E=4, G=20, H=1, I=10, K=8, L=11, M=22, N=14, O=6,  
P=13, R=9, S=2, T=3, U=21, V=12, W=7, Y=16, Z=19  
WHITNEY HOUSTON

## Pg 63 WORDSEARCH



**Answer:** Cooking is like love. It should be entered into with abandon or not at all.

## Pg 83 COLOUR-IN CIPHER

Don't just search for inspiration, be inspirational

## Pg 95 STARWORDS

Brie, Cheddar, Cottage, Feta, Edam; RICOTTA.

## Pg 108 QUEST

Lion, Penguin, Falcon, Dodo, *Running*, Knight, Genesis, Ghost, Yes, Elephant, Goat, Toto, Wizard, *Whale*.

Leftover Word: Bishop.

## CONGRATULATIONS TO OUR WINNERS

**Acrostic:** A. Nicholls, 2011

**The White Mouse:** S. Muston, 4751

**Wordsearch Three:** C. Tregua, 2620

**Colour-in Cipher:** L. Vanzini, 5502

**Starwords:** S. Rumball, 5086

**Quest:** A. Nickless, 5018 NZ



Dine at  
paddock to plate  
restaurants or  
bag ingredients fresh  
from farmers  
[shoalhaven.com/foodie](http://shoalhaven.com/foodie)

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